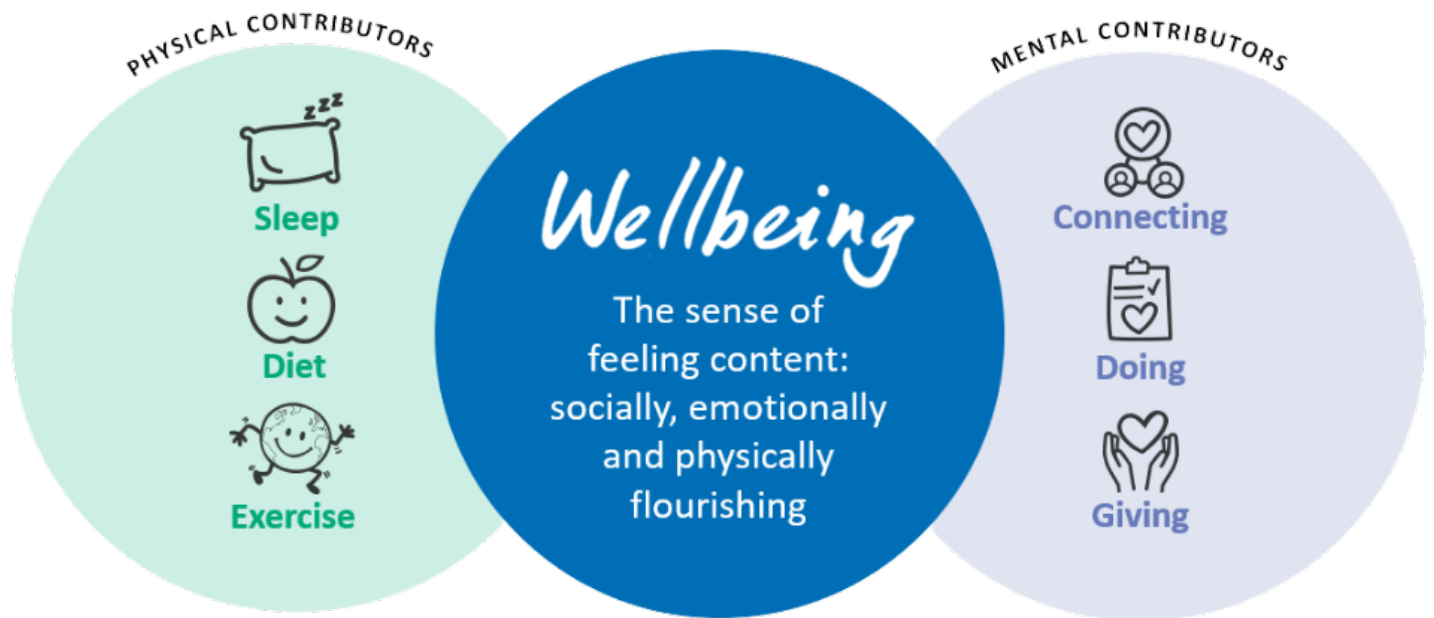


The Purpose of Global Be Well Day

Global Be Well Day (GBWD) gives an extended opportunity to focus on the Be Well Charter and the contributors to Wellbeing



GBWD brings the whole school and Cognita community together:

1. It's a celebration of everything schools do throughout the year to prioritise Wellbeing and a reminder of its importance
2. An opportunity to have a deeper and prolonged focus on the Be Well Charter as a school community
3. A vehicle to connect students and colleagues from around the world through Wellbeing

Let our actions mirror the words
– that Wellbeing is a priority!



Global
Be Well
Day COGNITA