

WEEK 1, 18-22/3/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1) ASIAN OPTION - MÓN CHÂU Á	Braised Pork Rib with Caramelize with steamed rice Cơm Sườn Non Ram mặn	Baked Fish Marinated with Lemongrass and Curry Powder with Rice and Vegetables - Cơm cá chiên sả [f]	Omelette with Egg, Minced Pork and Spring Onions served with Steamed Rice and Asian Greens [e]- Cơm chả trứng thịt băm dùng với rau xào [e]	Roasted Char-Siu Pork - Cơm Xá Xíu Nướng	Fried Waterfall Chicken with steamed rice - Cơm Gà Xối Mỡ
2) WESTERN OPTION - MÓN CHÂU ÂU	Baked Penne Pasta with Creamy Chicken and Cheese served with Vegetables - Nui dùng với sốt kem gà đút lò [e,g,m]	Baked Meatballs in Gravy served with Mashed Potatoes and Vegetables - Thịt viên sốt Gravy dùng với khoai nghiền [g,m]	Sliced Beef Tenderloin Topped with Chimichurri Sauce served with Roasted Potatoes and Vegetables - Bò nướng dùng với khoai nướng [g]	Seared Fish with Lemon Creamy Sauce with steamed rice [f] Cơm Cá Áp Chảo Sốt Kem Chanh	Smoked Sausage Spaghetti in Tomato Sauce - Mì Ý Xúc Xích Xông Khói Sốt Cà
3) VEGETARIAN OPTION - MÓN CHAY	Fried Rice with Egg and Vegetables [e] - Cơm chiên trứng và rau củ [e]	Egg Noodle Stir Fry with Mixed Mushrooms, Carrots and Mustard Greens - Mỳ trứng xào rau củ [g,e]	Rice Noodle Salad with Vegetarian Spring Rolls, Vegetables Dressed with Asian Dressing - Bún gạo xào dùng kèm chả giò chay [sb,g]	Braised Tofu with Baby Bamboo served with Steamed Rice and Asian Vegetables [sb] - Đậu hủ kho Măng với Cơm Rau củ	Sichuan Tofu served with Steamed Rice and Vegetables - Cơm đậu hủ Tứ Xuyên [sb]
4) DELI OPTIONS	BBQ Shredded Chicken Baguette with Lettuce, Tomatoes, Cucumber and Mayo [e] - Bánh mì gà nướng và sốt Mayo [e]	Bacon and cheese Burritos with Lettuce - Bánh cuộn trứng, thịt xông khói và cheese dùng kèm với salad [g,e]	Chicken Burger with Lettuce and Cucumber - Hamburger Gà tấm bột xù và salad, dưa leo [e,g,m]	Pepperoni or Cheese Pizza Slices [g,m]	Toasted Ham and Cheddar Cheese Sandwich with salad, Sliced Tomatoes - Bánh mì sandwich ham và cheese [e,g,m]
5) SALAD BAR - MÓN RAU TRỘN	Italian Salad with Shredded Mozzarella and Daily Salad Bar Selection - Salad kiểu Ý	Asian Salad with BBQ Pork Chops and Daily Salad Bar Selection - Salad kiểu Á với thịt nướng	Mediterranean with Grilled Chicken and Daily Salad Bar Selection - Salad kiểu Địa Trung Hải	Middle Eastern with Creamy Hummus and Daily Salad Bar Selection - Salad kiểu Trung Đông	Tex Mex with Spiced Ground Beef and Daily Salad Bar Selection - Salad kiểu Mexico
6) FRESH JUICE-Nước ép tươi	Watermelon/ DƯA HẦU ÉP	Orange/CAM ÉP	Pineapple/THƠM ÉP	Tropical Punch/TRÁI CÂY NHIỆT ĐỚI	Lime Juice/CHANH ÉP
FOOD ORDER NUMBER	#	#	#	#	#
TOTAL=					

Canteen manager: Ms. Linh- 02822201881 email: linhnguyen.globalcafe@gmail.com

If you have any allergy concerns please inform canteen manager

Our canteen is completely nut free

Money Transfer: G.C LIMITED COMPANY, ACCT: 116002680044, NGÂN HÀNG CÔNG THƯƠNG VIỆT NAM (VIETINBANK) - CHI NHÁNH 7 (BRANCH NO.7)

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WEEK 2, 25-29/3/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1) ASIAN OPTION - MÓN CHÂU Á	Steamed Basa fish with mushroom & soya sauce and steamed rice[f] Cơm cá basa hấp nấm và xì dầu	Coconut Ginger Braised Chicken Leg served with Rice and Vegetables - Cơm gà kho gừng	Wok Fried Beef with Onion & Cilantro Cơm Bò Xào Hành Cần	Korean Style Pork Filet Marinated in Ginger Sesame Soya served with Steamed Rice and Vegetables - Cơm thịt heo kiểu Hàn Quốc [g]	Herbed Fish Ball Skewers Served with Tomato Sauce - Cơm cá viên sốt cà chua [f]
2) WESTERN OPTION - MÓN CHÂU ÂU	Chicken Pesto Cream Sauce With Spaghetti - Mì Ý dùng với kem gà sốt Pesto [g,m]	Pork Schnitzel served with a Mushroom Cream Sauce, Mashed Potatoes and Vegetables - Heo nướng sốt kem nấm dùng với khoai nghiền [g,m]	Braised pork rib with white bean with baked potato Sườn heo non hầm đậu trắng dùng với khoai nướng [e,g,m]	Crumbed Fish and Chips with Side Salad - Cá tẩm bột chiên giòn ăn kèm khoai chiên [f,g,e]	Baked Beef Lasagna served with Steamed Vegetables - Bánh nướng thịt bò băm [m,g]
3) VEGETARIAN OPTION - MÓN CHAY	Fried Rice with Egg and Vegetables - Cơm chiên trứng và rau củ [e]	Ratatouille Pasta [g] Pasta Rau Củ Kiểu Ý	Spaghetti with creamy mushroom sauce with Steamed Vegetables - Mỳ Ý chay sốt kem nấm [g,m]	Vegetables Curry with steamed rice (V) Cơm Cà ry Chay	Egg Noodle and Vegetable Stir Fry with Golden Tofu Cubes - Mì trứng xào rau củ và đậu hũ chiên [sb,e]
4) DELI OPTIONS	BBQ Shredded Chicken Baguette with Lettuce, Tomatoes, Cucumber and Mayo [e] - Bánh mì gà nướng và sốt Mayo [e]	Bacon and cheese Burritos with Lettuce - Bánh cuộn trứng, thịt xông khói và cheese dùng kèm với salad [g,e]	Chicken Burger with Lettuce and Cucumber - Hamburger Gà tẩm bột xù và salad, dưa leo [e,g,m]	Pepperoni or Cheese Pizza Slices [g,m]	Toasted Ham and Cheddar Cheese Sandwich with salad, Sliced Tomatoes - Bánh mì sandwich ham và cheese [e,g,m]
5) SALAD BAR - MÓN RAU TRỘN	Italian Salad with Shredded Mozzarella and Daily Salad Bar Selection - Salad kiểu Ý	Asian Salad with BBQ Pork Chops and Daily Salad Bar Selection - Salad kiểu Á với thịt nướng	Mediterranean with Grilled Chicken and Daily Salad Bar Selection - Salad kiểu Địa Trung Hải	Middle Eastern with Creamy Hummus and Daily Salad Bar Selection - Salad kiểu Trung Đông	Tex Mex with Spiced Ground Beef and Daily Salad Bar Selection - Salad kiểu Mexico
6) FRESH JUICE-Nước ép tươi	Watermelon/ DƯA HẦU ÉP	Orange/CAM ÉP	Pineapple/THƠM ÉP	Tropical Punch/TRÁI CÂY NHIỆT ĐỚI	Lime Juice/CHANH ÉP
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WEEK 3, 08-12/4/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1) ASIAN OPTION - MÓN CHÂU Á	Ginger Stewed Chicken Quarters served with Steamed Rice and Medley of Veg - Cơm gà hấp lá chanh dùng với rau xào	Roasted Pork with Sweet and Sour Sauce, Steamed Rice and Sauteed Vegetables - Thịt heo quay với sốt chua ngọt, Cơm, Rau củ xào	Fish Sauce Glazed Boneless Chicken leg - Cơm đùi gà nướng [f]	Braised Fish with Tomato with steamed rice[f] Cơm Cá Kho Cà	Braised Pork Belly & Eggs with Coconut Water and steamed rice [e] Cơm Thịt Kho Trứng
2) WESTERN OPTION - MÓN CHÂU ÂU	Penne Pasta with a Carbonara Sauce served with Sauteed Vegetables - Nui ống sốt Carbonara [g,m]	Honey Garlic Roast Duck served with Steamed Rice and Vegetables - Cơm thịt vịt nướng mật ong	Roasted Pork Tenderloin with Apple Sauce, Fried Rice - Thăn heo đốt lò ăn kèm cơm chiên	Baked Chicken Lasagna served with Steamed Vegetables - Bánh gà nướng kiểu Ý [m,g]	Penne Pasta with Pork Ragout served with Side Salad - Nui heo Lagu [g,m]
3) VEGETARIAN OPTION - MÓN CHAY	Crispy Tofu with Mixed Vegetables and Soy Sauce Served with Rice - Cơm đậu hũ chiên giòn sốt nước tương [g, sb]	Sichuan Tofu served with Steamed Rice and Vegetables - Cơm đậu hũ Tứ Xuyên [sb]	Grilled Eggplant Parmesan Served with Steam rice - Cơm cà tím nướng mỡ hành [g,e]	Vegetarian Fried Rice with vegetables - Cơm chiên rau củ	Claypot Caramelised Mushrooms with Sauteed Vegetables and Steamed Rice - Cơm nấm kho rau củ [sb]
4) DELI OPTIONS	BBQ Shredded Chicken Baguette with Lettuce, Tomatoes, Cucumber and Mayo [e] - Bánh mì gà nướng và sốt Mayo [e,g]	Bacon and cheese Burritos with Lettuce - Bánh cuộn trứng, thịt xông khói và cheese dùng kèm với salad [g,e]	Chicken Burger with Lettuce and Cucumber - Hamburger Gà tấm bột xù và salad, dưa leo [e,g,m]	Pepperoni or Cheese Pizza Slices [g,m]	Toasted Ham and Cheddar Cheese Sandwich with salad, Sliced Tomatoes - Bánh mì sandwich ham và cheese [e,g,m]
5) SALAD BAR - MÓN RAU TRỘN	Italian Salad with Shredded Mozzarella and Daily Salad Bar Selection - Salad kiểu Ý	Asian Salad with BBQ Pork Chops and Daily Salad Bar Selection - Salad kiểu Á với thịt nướng	Mediterranean with Grilled Chicken and Daily Salad Bar Selection - Salad kiểu Địa Trung Hải	Middle Eastern with Creamy Hummus and Daily Salad Bar Selection - Salad kiểu Trung Đông	Tex Mex with Spiced Ground Beef and Daily Salad Bar Selection - Salad kiểu Mexico
6) FRESH JUICE-Nước ép tươi	Watermelon/ DƯA HẦU ÉP	Orange/CAM ÉP	Pineapple/THƠM ÉP	Tropical Punch/TRÁI CÂY NHIỆT ĐỚI	Lime Juice/CHANH ÉP
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WEEK 4, 15-17/4/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1) ASIAN OPTION - MÓN CHÂU Á	Crispy Chicken Bites with Onions, Capsicum, Rice and Vegetables - Cơm Gà Popcorn với củ hành và ớt chuông [g,e]	Coconut Ginger Braised Duck served with Rice and Vegetables - Cơm vịt kho gừng	Vietnamese Pork Ragu with Potatoes, Carrots and Served with Steamed Rice [e,m] - Cơm thịt heo lagu kiểu Việt Nam dùng với rau xào	Hung Kings Commemoration Day	PD Day (Non-Student Day)
2) WESTERN OPTION - MÓN CHÂU ÂU	Spaghetti Pasta Meatballs with Traditional Napoli Sauce and Sauteed Vegetables - Mì Spaghetti thịt viên với sốt Napoli truyền thống và Rau củ xào [g]	Grill seabass fish with garlic butter sauce with fried rice [f] Cá chẽm nướng bơ tỏi dùng với cơm chiên	Beef Meatloaf served with Roasted Potatoes and Vegetables - Thịt bò xay phủ Sốt nướng dùng kèm Khoai Tây Nướng và Rau Củ	Hung Kings Commemoration Day	PD Day (Non-Student Day)
3) VEGETARIAN OPTION - MÓN CHAY	Fried Eggs with Mushroom with rice (V) Cơm Trứng Chiên Nấm	Rice Noodle Salad with Vegetarian Spring Rolls, Vegetables Dressed with Asian Dressing - Bún gạo xào dùng kèm chả giò chay [sb,g]	Pan Fried Tofu with Minced Lemongrass served with Steamed Rice and Vegetables - Cơm đậu hủ xào sả nghệ [sb]	Hung Kings Commemoration Day	PD Day (Non-Student Day)
4) DELI OPTIONS	BBQ Shredded Chicken Baguette with Lettuce, Tomatoes, Cucumber and Mayo [e] - Bánh mì gà nướng và sốt Mayo [e,g]	Bacon and cheese Burritos with Lettuce - Bánh cuộn trứng, thịt xông khói và cheese dùng kèm với salad [g,e]	Chicken Burger with Lettuce and Cucumber - Hamburger Gà tấm bột xù và salad, dưa leo [e,g,m]	Hung Kings Commemoration Day	PD Day (Non-Student Day)
5) SALAD BAR - MÓN RAU TRỘN	Italian Salad with Shredded Mozzarella and Daily Salad Bar Selection - Salad kiểu Ý	Asian Salad with BBQ Pork Chops and Daily Salad Bar Selection - Salad kiểu Á với thịt nướng	Mediterranean with Grilled Chicken and Daily Salad Bar Selection - Salad kiểu Địa Trung Hải	Hung Kings Commemoration Day	PD Day (Non-Student Day)
6) FRESH JUICE-Nước ép tươi	Watermelon/ DƯA HẦU ÉP	Orange/CAM ÉP	Pineapple/THƠM ÉP	Hung Kings Commemoration Day	PD Day (Non-Student Day)
FOOD ORDER NUMBER	#	#	#	#	#
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WEEK 5, 22-26/4/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1) ASIAN OPTION - MÓN CHÂU Á	Mild Spiced Baked Fish Filet with Steamed Rice and Wok Tossed Bok Choy - Cơm cá nướng dùng với rau xào [f]	Coconut Water Braised Pork with Quail Eggs - Cơm Thịt heo kho trứng cút [e]	Fish Sauce Glazed Boneless Chicken leg - Cơm đùi gà nướng [f]	Caramelized Fish served with Steamed Rice - Cơm cá kho tộ [f]	Herbed Fish Ball Skewers Served with Tomato Sauce - Cơm cá viên sốt cà chua [f]
2) WESTERN OPTION - MÓN CHÂU ÂU	Spaghetti with Stewed Beef Ragout and Vegetables [g] - Mi Spaghetti dùng với bò kho và rau củ [g]	Breaded Fish Cutlet served with Mashed Potatoes and Vegetables [m,g,e] - Cá lăn bột dùng với khoai tây nghiền	Baked Pork Ribs in Gravy served with Roasted Potatoes and Vegetables [g] - Sườn heo sốt Gravy dùng với khoai tây nướng	Roasted Pork Tenderloin with Apple Sauce, Fried Rice - Thăn heo rút lò ăn kèm cơm chiên	Baked Beef Lasagna served with Steamed Vegetables - Bánh nướng thịt bò băm [m,g]
3) VEGETARIAN OPTION - MÓN CHAY	Fried Rice with Egg and Vegetables [e] - Cơm chiên trứng và rau củ [e]	Crispy Seitan with Lemongrass served with Steamed Rice and Vegetables - Cơm dùng với Chả chay xào sả [sb,g]	Stir Fried Tofu with Asian Tomato Sauce served with Rice and Vegetables - Cơm đậu hũ chiên sốt cà chua [sb]	Vegetarian Fried Rice Salad with Chick Peas - Cơm chiên đậu gà và rau củ	Egg Noodle and Vegetable Stir Fry with Golden Tofu Cubes - Mi trứng xào rau củ và đậu hũ chiên [sb,e]
4) DELI OPTIONS	BBQ Shredded Chicken Baguette with Lettuce, Tomatoes, Cucumber and Mayo [e] - Bánh mì gà nướng và sốt Mayo [e,g]	Bacon and cheese Burritos with Lettuce - Bánh cuộn trứng, thịt xông khói và cheese dùng kèm với salad [g,e]	Chicken Burger with Lettuce and Cucumber - Hamburger Gà tấm bột xù và salad, dưa leo [e,g,m]	Pepperoni or Cheese Pizza Slices [g,m]	Toasted Ham and Cheddar Cheese Sandwich with salad, Sliced Tomatoes - Bánh mì sandwich ham và cheese [e,g,m]
5) SALAD BAR - MÓN RAU TRỘN	Italian Salad with Shredded Mozzarella and Daily Salad Bar Selection - Salad kiểu Ý	Asian Salad with BBQ Pork Chops and Daily Salad Bar Selection - Salad kiểu Á với thịt nướng	Mediterranean with Grilled Chicken and Daily Salad Bar Selection - Salad kiểu Địa Trung Hải	Middle Eastern with Creamy Hummus and Daily Salad Bar Selection - Salad kiểu Trung Đông	Tex Mex with Spiced Ground Beef and Daily Salad Bar Selection - Salad kiểu Mexico
6) FRESH JUICE-Nước ép tươi	Watermelon/ DƯA HẦU ÉP	Orange/CAM ÉP	Pineapple/THƠM ÉP	Tropical Punch/TRÁI CÂY NHIỆT ĐỚI	Lime Juice/CHANH ÉP
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WEEK 6, 02-03/5/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1) ASIAN OPTION - MÓN CHÂU Á	SCHOOL HOLIDAY	REUNIFICATION DAY	LABOR DAY	Wok Fried Dice Beef with Capsicum Cơm Bò Luk Lak	Sauteed pork ribs with XO sauce and steamed rice Cơm Sườn heo xào sốt XO
2) WESTERN OPTION - MÓN CHÂU ÂU	SCHOOL HOLIDAY	REUNIFICATION DAY	LABOR DAY	American Style BBQ Pork Ribs served with Roasted Potatoes and Vegetables - Sườn heo kiểu Mỹ ăn kèm khoai nướng	Spaghetti Bolognese with Steamed Vegetables - Mì Ý sốt cà chua thịt bò băm [g]
3) VEGETARIAN OPTION - MÓN CHAY	SCHOOL HOLIDAY	REUNIFICATION DAY	LABOR DAY	Grilled Eggplant Parmesan Served with Steam rice - Cơm cà tím nướng mỡ hành [g,e]	Suon Chay with Rice and Vegetables - Cơm sườn non chay xào [sb]
4) DELI OPTIONS	SCHOOL HOLIDAY	REUNIFICATION DAY	LABOR DAY	Pepperoni or Cheese Pizza Slices [g,m]	Toasted Ham and Cheddar Cheese Sandwich with salad, Sliced Tomatoes - Bánh mì sandwich ham và cheese [e,g,m]
5) SALAD BAR - MÓN RAU TRỘN	SCHOOL HOLIDAY	REUNIFICATION DAY	LABOR DAY	Middle Eastern with Creamy Hummus and Daily Salad Bar Selection - Salad kiểu Trung Đông	Tex Mex with Spiced Ground Beef and Daily Salad Bar Selection - Salad kiểu Mexico
6) FRESH JUICE-Nước ép tươi	SCHOOL HOLIDAY	REUNIFICATION DAY	LABOR DAY	Tropical Punch/TRÁI CÂY NHIỆT ĐỚI	Lime Juice/CHANH ÉP
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WEEK 7, 06-10/5/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1) ASIAN OPTION - MÓN CHÂU Á	Braised Pork Rib with Caramelize with steamed rice Cơm Sườn Non Ram mặn	Baked Fish Marinated with Lemongrass and Curry Powder with Rice and Vegetables - Cơm cá chiên sả [f]	Omelette with Egg, Minced Pork and Spring Onions served with Steamed Rice and Asian Greens [e]- Cơm chả trứng thịt băm dùng với rau xào [e]	Roasted Char-Siu Pork - Cơm Xá Xíu Nướng	Fried Waterfall Chicken with steamed rice - Cơm Gà Xối Mỡ
2) WESTERN OPTION - MÓN CHÂU ÂU	Baked Penne Pasta with Creamy Chicken and Cheese served with Vegetables - Nui dùng với sốt kem gà đút lò [e,g,m]	Grilled Pork Chop with Roasted Apples, Vegetables and Mashed Potatoes [m] - Sườn heo nướng với Táo dùng với khoai tây nghiền [m]	Sliced Beef Tenderloin Topped with Chimichurri Sauce served with Roasted Potatoes and Vegetables - Bò nướng dùng với khoai nướng [g]	Seared Fish with Lemon Creamy Sauce with steamed rice [f] Cơm Cá Áp Chảo Sốt Kem Chanh	Smoked Sausage Spaghetti in Tomato Sauce - Mì Ý Xúc Xích Xông Khói Sốt Cà
3) VEGETARIAN OPTION - MÓN CHAY	Fried Rice with Egg and Vegetables [e] - Cơm chiên trứng và rau củ [e]	Egg Noodle Stir Fry with Mixed Mushrooms, Carrots and Mustard Greens - Mỳ trứng xào rau củ [g,e]	Rice Noodle Salad with Vegetarian Spring Rolls, Vegetables Dressed with Asian Dressing - Bún gạo xào dùng kèm chả giò chay [sb,g]	Baked Vegetarian Lasagna served with Mixed Vegetables - Bánh nướng rau củ kem phô mai [g,m]	Sichuan Tofu served with Steamed Rice and Vegetables - Cơm đậu hũ Tứ Xuyên [sb]
4) DELI OPTIONS	BBQ Shredded Chicken Baguette with Lettuce, Tomatoes, Cucumber and Mayo [e] - Bánh mì gà nướng và sốt Mayo [e]	Bacon and cheese Burritos with Lettuce - Bánh cuộn trứng, thịt xông khói và cheese dùng kèm với salad [g,e]	Chicken Burger with Lettuce and Cucumber - Hamburger Gà tấm bột xù và salad, dưa leo [e,g,m]	Pepperoni or Cheese Pizza Slices [g,m]	Toasted Ham and Cheddar Cheese Sandwich with salad, Sliced Tomatoes - Bánh mì sandwich ham và cheese [e,g,m]
5) SALAD BAR - MÓN RAU TRỘN	Italian Salad with Shredded Mozzarella and Daily Salad Bar Selection - Salad kiểu Ý	Asian Salad with BBQ Pork Chops and Daily Salad Bar Selection - Salad kiểu Á với thịt nướng	Mediterranean with Grilled Chicken and Daily Salad Bar Selection - Salad kiểu Địa Trung Hải	Middle Eastern with Creamy Hummus and Daily Salad Bar Selection - Salad kiểu Trung Đông	Tex Mex with Spiced Ground Beef and Daily Salad Bar Selection - Salad kiểu Mexico
6) FRESH JUICE-Nước ép tươi	Watermelon/ DƯA HẦU ÉP	Orange/CAM ÉP	Pineapple/THƠM ÉP	Tropical Punch/TRÁI CÂY NHIỆT ĐỚI	Lime Juice/CHANH ÉP
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Money Transfer: G.C LIMITED COMPANY, ACCT: 116002680044, NGÂN HÀNG CÔNG THƯƠNG VIỆT NAM (VIETINBANK) - CHI NHÁNH 7 (BRANCH NO.7)

Please include your child's name and class with the transfer



WEEK 8, 13-17/5/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1) ASIAN OPTION - MÓN CHÂU Á	Steamed Basa fish with mushroom & soya sauce and steamed rice[f] Cơm cá basa hấp nấm và xì dầu	Coconut Ginger Braised Chicken Leg served with Rice and Vegetables - Cơm gà kho gừng	Wok Fried Beef with Onion & Cilantro Cơm Bò Xào Hành Cần	Korean Style Pork Filet Marinated in Ginger Sesame Soya served with Steamed Rice and Vegetables - Cơm thịt heo kiểu Hàn Quốc [g]	Herbed Fish Ball Skewers Served with Tomato Sauce - Cơm cá viên sốt cà chua [f]
2) WESTERN OPTION - MÓN CHÂU ÂU	Chicken Pesto Cream Sauce With Spaghetti - Mì Ý dùng với kem gà sốt Pesto [g,m]	Pork Schnitzel served with a Mushroom Cream Sauce, Mashed Potatoes and Vegetables - Heo nướng sốt kem nấm dùng với khoai nghiền [g,m]	Braised pork rib with white bean with baked potato Sườn heo non hầm đậu trắng dùng với khoai nướng [e,g,m]	Crumbed Fish and Chips with Side Salad - Cá tẩm bột chiên giòn ăn kèm khoai chiên [f,g,e]	Baked Fussilli Pasta with Beef and Cream Sauce [e,g,m] - Nui nướng dùng với Thịt bò và sốt Kem [e,g,m]
3) VEGETARIAN OPTION - MÓN CHAY	Fried Rice with Egg and Vegetables - Cơm chiên trứng và rau củ [e]	Ratatouille Pasta [g] Pasta Rau Củ Kiểu Ý	Spaghetti with creamy mushroom sauce with Steamed Vegetables - Mỳ Ý chay sốt kem nấm [g,m]	Vegetables Curry with steamed rice (V) Cơm Cà ry Chay	Egg Noodle and Vegetable Stir Fry with Golden Tofu Cubes - Mì trứng xào rau củ và đậu hủ chiên [sb,e]
4) DELI OPTIONS	BBQ Shredded Chicken Baguette with Lettuce, Tomatoes, Cucumber and Mayo [e] - Bánh mì gà nướng và sốt Mayo [e]	Bacon and cheese Burritos with Lettuce - Bánh cuộn trứng, thịt xông khói và cheese dùng kèm với salad [g,e]	Chicken Burger with Lettuce and Cucumber - Hamburger Gà tẩm bột xù và salad, dưa leo [e,g,m]	Pepperoni or Cheese Pizza Slices [g,m]	Toasted Ham and Cheddar Cheese Sandwich with salad, Sliced Tomatoes - Bánh mì sandwich ham và cheese [e,g,m]
5) SALAD BAR - MÓN RAU TRỘN	Italian Salad with Shredded Mozzarella and Daily Salad Bar Selection - Salad kiểu Ý	Asian Salad with BBQ Pork Chops and Daily Salad Bar Selection - Salad kiểu Á với thịt nướng	Mediterranean with Grilled Chicken and Daily Salad Bar Selection - Salad kiểu Địa Trung Hải	Middle Eastern with Creamy Hummus and Daily Salad Bar Selection - Salad kiểu Trung Đông	Tex Mex with Spiced Ground Beef and Daily Salad Bar Selection - Salad kiểu Mexico
6) FRESH JUICE-Nước ép tươi	Watermelon/ DƯA HẦU ÉP	Orange/CAM ÉP	Pineapple/THƠM ÉP	Tropical Punch/TRÁI CÂY NHIỆT ĐỚI	Lime Juice/CHANH ÉP
FOOD ORDER NUMBER	#	#	#	#	#
TOTAL=					

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WEEK 9, 21-24/5/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1) ASIAN OPTION - MÓN CHÂU Á	PD DAY (NON - STUDENT DAY)	Braised Pork Belly & Eggs with Coconut Water and steamed rice [e] Cơm Thịt Kho Trứng	Fish Sauce Glazed Boneless Chicken leg - Cơm đùi gà nướng [f]	Braised Fish with Tomato with steamed rice[f] Cơm Cá Kho Cà	Herbed Fish Ball Skewers Served with Tomato Sauce - Cơm cá viên sốt cà chua[f]
2) WESTERN OPTION - MÓN CHÂU ÂU	PD DAY (NON - STUDENT DAY)	Penne Pasta with a Carbonara Sauce served with Sauteed Vegetables - Nui ống sốt Carbonara [g,m]	Roasted Pork Tenderloin with Apple Sauce, Fried Rice - Thịt heo đốt lò sốt táo ăn kèm cơm chiên	Honey Garlic Roast Duck served with Steamed Rice and Vegetables - Cơm thịt vịt nướng mật ong	Penne Pasta with Pork Ragout served with Side Salad - Nui heo Lagu [g,m]
3) VEGETARIAN OPTION - MÓN CHAY	PD DAY (NON - STUDENT DAY)	Sichuan Tofu served with Steamed Rice and Vegetables - Cơm đậu hũ Tứ Xuyên [sb]	Braised Tofu with Baby Bamboo served with Steamed Rice and Asian Vegetables [sb] - Đậu hũ kho Măng với Cơm Rau củ	Vegetarian Fried Rice with vegetables - Cơm chiên rau củ	Claypot Caramelised Mushrooms with Sauteed Vegetables and Steamed Rice - Cơm nấm kho rau củ [sb]
4) DELI OPTIONS	PD DAY (NON - STUDENT DAY)	Bacon and cheese Burritos with Lettuce - Bánh cuộn trứng, thịt xông khói và cheese dùng kèm với salad [g,e]	Chicken Burger with Lettuce and Cucumber - Hamburger Gà tấm bột xù và salad, dưa leo [e,g,m]	Pepperoni or Cheese Pizza Slices [g,m]	Toasted Ham and Cheddar Cheese Sandwich with salad, Sliced Tomatoes - Bánh mì sandwich ham và cheese [e,g,m]
5) SALAD BAR - MÓN RAU TRỘN	PD DAY (NON - STUDENT DAY)	Asian Salad with BBQ Pork Chops and Daily Salad Bar Selection - Salad kiểu Á với thịt nướng	Mediterranean with Grilled Chicken and Daily Salad Bar Selection - Salad kiểu Địa Trung Hải	Middle Eastern with Creamy Hummus and Daily Salad Bar Selection - Salad kiểu Trung Đông	Tex Mex with Spiced Ground Beef and Daily Salad Bar Selection - Salad kiểu Mexico
6) FRESH JUICE-Nước ép tươi	PD DAY (NON - STUDENT DAY)	Orange/CAM ÉP	Pineapple/THƠM ÉP	Tropical Punch/TRÁI CÂY NHIỆT ĐỚI	Lime Juice/CHANH ÉP
FOOD ORDER NUMBER	#	#	#	#	#
TOTAL=					

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WEEK 10, 27-31/5/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1) ASIAN OPTION - MÓN CHÂU Á	Crispy Chicken Bites with Onions, Capsicum, Rice and Vegetables - Cơm Gà Popcorn với củ hành và ớt chuông [g,e]	Coconut Ginger Braised Duck served with Rice and Vegetables - Cơm vịt kho gừng	Vietnamese Pork Ragu with Potatoes, Carrots and Served with Steamed Rice [e,m] - Cơm thịt heo lagu kiểu Việt Nam dùng với rau xào	Wok Fried Dice Beef with Capsicum Cơm Bò Luk Lak	Sauteed pork ribs with XO sauce and steamed rice Cơm Sườn heo xào sốt XO
2) WESTERN OPTION - MÓN CHÂU ÂU	Spaghetti Pasta Meatballs with Traditional Napoli Sauce and Sauteed Vegetables - Mì Spaghetti thịt viên với sốt Napoli truyền thống và Rau củ xào [g]	Grill seabass fish with garlic butter sauce with fried rice [f] Cá chẽm nướng bơ tỏi dùng với cơm chiên	Beef Meatloaf served with Roasted Potatoes and Vegetables - Thịt bò xay phủ Sốt nướng dùng kèm Khoai Tây Nướng và Rau Củ	American Style BBQ Pork Ribs served with Roasted Potatoes and Vegetables - Sườn heo kiểu Mỹ ăn kèm khoai nướng	Spaghetti Bolognese with Steamed Vegetables - Mì Ý sốt cà chua thịt bò băm [g]
3) VEGETARIAN OPTION - MÓN CHAY	Fried Eggs with Mushroom with rice (V) Cơm Trứng Chiên Nấm	Rice Noodle Salad with Vegetarian Spring Rolls, Vegetables Dressed with Asian Dressing - Bún gạo xào dùng kèm chả giò chay [sb,g]	Pan Fried Tofu with Minced Lemongrass served with Steamed Rice and Vegetables - Cơm đậu hủ xào sả nghệ [sb]	Grilled Eggplant Parmesan Served with Steam rice - Cơm cà tím nướng mỡ hành [g,e]	Suon Chay with Rice and Vegetables - Cơm sườn non chay xào [sb]
4) DELI OPTIONS	BBQ Shredded Chicken Baguette with Lettuce, Tomatoes, Cucumber and Mayo [e] - Bánh mì gà nướng và sốt Mayo [e,g]	Bacon and cheese Burritos with Lettuce - Bánh cuộn trứng, thịt xông khói và cheese dùng kèm với salad [g,e]	Chicken Burger with Lettuce and Cucumber - Hamburger Gà tấm bột xù và salad, dưa leo [e,g,m]	Pepperoni or Cheese Pizza Slices [g,m]	Toasted Ham and Cheddar Cheese Sandwich with salad, Sliced Tomatoes - Bánh mì sandwich ham và cheese [e,g,m]
5) SALAD BAR - MÓN RAU TRỘN	Italian Salad with Shredded Mozzarella and Daily Salad Bar Selection - Salad kiểu Ý	Asian Salad with BBQ Pork Chops and Daily Salad Bar Selection - Salad kiểu Á với thịt nướng	Mediterranean with Grilled Chicken and Daily Salad Bar Selection - Salad kiểu Địa Trung Hải	Middle Eastern with Creamy Hummus and Daily Salad Bar Selection - Salad kiểu Trung Đông	Tex Mex with Spiced Ground Beef and Daily Salad Bar Selection - Salad kiểu Mexico
6) FRESH JUICE-Nước ép tươi	Watermelon/ DƯA HẦU ÉP	Orange/CAM ÉP	Pineapple/THƠM ÉP	Tropical Punch/TRÁI CÂY NHIỆT ĐỚI	Lime Juice/CHANH ÉP
FOOD ORDER NUMBER	#	#	#	#	#
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WEEK 11, 03-07/6/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1) ASIAN OPTION - MÓN CHÂU Á	Mild Spiced Baked Fish Filet with Steamed Rice and Wok Tossed Bok Choy - Cơm cá nướng dùng với rau xào [f]	Coconut Water Braised Pork with Quail Eggs - Cơm Thịt heo kho trứng cút [e]	Fish Sauce Glazed Boneless Chicken leg - Cơm đùi gà nướng [f]	Caramelized Fish served with Steamed Rice - Cơm cá kho tộ [f]	Herbed Fish Ball Skewers Served with Tomato Sauce - Cơm cá viên sốt cà chua [f]
2) WESTERN OPTION - MÓN CHÂU ÂU	Spaghetti with Stewed Beef Ragout and Vegetables [g] - Mì Spaghetti dùng với bò kho và rau củ [g]	Breaded Fish Cutlet served with Mashed Potatoes and Vegetables [m,g,e] - Cá lăn bột dùng với khoai tây nghiền	Baked Pork Ribs in Gravy served with Roasted Potatoes and Vegetables [g] - Sườn heo sốt Gravy dùng với khoai tây nướng	Roasted Pork Tenderloin with Apple Sauce, Fried Rice - Thăn heo dứt lò ăn kèm cơm chiên	Baked Beef Lasagna served with Steamed Vegetables - Bánh nướng thịt bò băm [m,g]
3) VEGETARIAN OPTION - MÓN CHAY	Fried Rice with Egg and Vegetables [e] - Cơm chiên trứng và rau củ [e]	Crispy Seitan with Lemongrass served with Steamed Rice and Vegetables - Cơm dùng với Chả chay xào sả [sb,g]	Stir Fried Tofu with Asian Tomato Sauce served with Rice and Vegetables - Cơm đậu hũ chiên sốt cà chua [sb]	Vegetarian Fried Rice Salad with Chick Peas - Cơm chiên đậu gà và rau củ	Egg Noodle and Vegetable Stir Fry with Golden Tofu Cubes - Mì trứng xào rau củ và đậu hũ chiên [sb,e]
4) DELI OPTIONS	BBQ Shredded Chicken Baguette with Lettuce, Tomatoes, Cucumber and Mayo [e] - Bánh mì gà nướng và sốt Mayo [e,g]	Bacon and cheese Burritos with Lettuce - Bánh cuộn trứng, thịt xông khói và cheese dùng kèm với salad [g,e]	Chicken Burger with Lettuce and Cucumber - Hamburger Gà tấm bột xù và salad, dưa leo [e,g,m]	Pepperoni or Cheese Pizza Slices [g,m]	Toasted Ham and Cheddar Cheese Sandwich with salad, Sliced Tomatoes - Bánh mì sandwich ham và cheese [e,g,m]
5) SALAD BAR - MÓN RAU TRỘN	Italian Salad with Shredded Mozzarella and Daily Salad Bar Selection - Salad kiểu Ý	Asian Salad with BBQ Pork Chops and Daily Salad Bar Selection - Salad kiểu Á với thịt nướng	Mediterranean with Grilled Chicken and Daily Salad Bar Selection - Salad kiểu Địa Trung Hải	Middle Eastern with Creamy Hummus and Daily Salad Bar Selection - Salad kiểu Trung Đông	Tex Mex with Spiced Ground Beef and Daily Salad Bar Selection - Salad kiểu Mexico
6) FRESH JUICE-Nước ép tươi	Watermelon/ DƯA HẦU ÉP	Orange/CAM ÉP	Pineapple/THƠM ÉP	Tropical Punch/TRÁI CÂY NHIỆT ĐỚI	Lime Juice/CHANH ÉP
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WEEK 12, 10-14/6/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1) ASIAN OPTION - MÓN CHÂU Á	Braised Pork Rib with Caramelize with steamed rice Cơm Sườn Non Ram mặn	Baked Fish Marinated with Lemongrass and Curry Powder with Rice and Vegetables - Cơm cá chiên sả [f]	Omelette with Egg, Minced Pork and Spring Onions served with Steamed Rice and Asian Greens [e]- Cơm chả trứng thịt băm dùng với rau xào [e]	Roasted Char-Siu Pork - Cơm Xá Xíu Nướng	Fried Waterfall Chicken with steamed rice - Cơm Gà Xối Mỡ
2) WESTERN OPTION - MÓN CHÂU ÂU	Baked Penne Pasta with Creamy Chicken and Cheese served with Vegetables - Nui dùng với sốt kem gà đút lò [e,g,m]	Grilled Pork Chop with Roasted Apples, Vegetables and Mashed Potatoes [m] - Sườn heo nướng với Táo dùng với khoai tây nghiền [m]	Sliced Beef Tenderloin Topped with Chimichurri Sauce served with Roasted Potatoes and Vegetables - Bò nướng dùng với khoai nướng [g]	Seared Fish with Lemon Creamy Sauce with steamed rice [f] Cơm Cá Áp Chảo Sốt Kem Chanh	Smoked Sausage Spaghetti in Tomato Sauce - Mì Ý Xúc Xích Xông Khói Sốt Cà
3) VEGETARIAN OPTION - MÓN CHAY	Fried Rice with Egg and Vegetables [e] - Cơm chiên trứng và rau củ [e]	Egg Noodle Stir Fry with Mixed Mushrooms, Carrots and Mustard Greens - Mỳ trứng xào rau củ [g,e]	Rice Noodle Salad with Vegetarian Spring Rolls, Vegetables Dressed with Asian Dressing - Bún gạo xào dùng kèm chả giò chay [sb,g]	Baked Vegetarian Lasagna served with Mixed Vegetables - Bánh nướng rau củ kem phô mai [g,m]	Ratatouille Pasta [g] Pasta Rau Củ Kiểu Ý
4) DELI OPTIONS	BBQ Shredded Chicken Baguette with Lettuce, Tomatoes, Cucumber and Mayo [e] - Bánh mì gà nướng và sốt Mayo [e]	Bacon and cheese Burritos with Lettuce - Bánh cuộn trứng, thịt xông khói và cheese dùng kèm với salad [g,e]	Chicken Burger with Lettuce and Cucumber - Hamburger Gà tấm bột xù và salad, dưa leo [e,g,m]	Pepperoni or Cheese Pizza Slices [g,m]	Toasted Ham and Cheddar Cheese Sandwich with salad, Sliced Tomatoes - Bánh mì sandwich ham và cheese [e,g,m]
5) SALAD BAR - MÓN RAU TRỘN	Italian Salad with Shredded Mozzarella and Daily Salad Bar Selection - Salad kiểu Ý	Asian Salad with BBQ Pork Chops and Daily Salad Bar Selection - Salad kiểu Á với thịt nướng	Mediterranean with Grilled Chicken and Daily Salad Bar Selection - Salad kiểu Địa Trung Hải	Middle Eastern with Creamy Hummus and Daily Salad Bar Selection - Salad kiểu Trung Đông	Tex Mex with Spiced Ground Beef and Daily Salad Bar Selection - Salad kiểu Mexico
6) FRESH JUICE-Nước ép tươi	Watermelon/ DƯA HẦU ÉP	Orange/CAM ÉP	Pineapple/THƠM ÉP	Tropical Punch/TRÁI CÂY NHIỆT ĐỚI	Lime Juice/CHANH ÉP
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WEEK 13, 17-19/6/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1) ASIAN OPTION - MÓN CHÂU Á	Ginger Stewed Chicken Quarters served with Steamed Rice and Medley of Veg - Cơm gà hấp lá chanh dùng với rau xào	Roasted Pork with Sweet and Sour Sauce, Steamed Rice and Sauteed Vegetables - Thịt heo quay với sốt chua ngọt, Cơm, Rau củ xào	Fish Sauce Glazed Boneless Chicken leg - Cơm đùi gà nướng [f]	SUMMER BREAK	SUMMER BREAK
2) WESTERN OPTION - MÓN CHÂU ÂU	Penne Pasta with a Carbonara Sauce served with Sauteed Vegetables - Nui ống sốt Carbonara [g,m]	Honey Garlic Roast Duck served with Steamed Rice and Vegetables - Cơm thịt vịt nướng mật ong	Roasted Pork Tenderloin with Apple Sauce, Fried Rice - Thăn heo đút lò ăn kèm cơm chiên	SUMMER BREAK	SUMMER BREAK
3) VEGETARIAN OPTION - MÓN CHAY	Crispy Tofu with Mixed Vegetables and Soy Sauce Served with Rice - Cơm đậu hũ chiên giòn sốt nước tương [g, sb]	Sichuan Tofu served with Steamed Rice and Vegetables - Cơm đậu hũ Tứ Xuyên [sb]	Grilled Eggplant Parmesan Served with Steam rice - Cơm cà tím nướng mỡ hành [g,e]	SUMMER BREAK	SUMMER BREAK
4) DELI OPTIONS	BBQ Shredded Chicken Baguette with Lettuce, Tomatoes, Cucumber and Mayo [e] - Bánh mì gà nướng và sốt Mayo [e,g]	Bacon and cheese Burritos with Lettuce - Bánh cuộn trứng, thịt xông khói và cheese dùng kèm với salad [g,e]	Chicken Burger with Lettuce and Cucumber - Hamburger Gà tấm bột xù và salad, dưa leo [e,g,m]	SUMMER BREAK	SUMMER BREAK
5) SALAD BAR - MÓN RAU TRỘN	Italian Salad with Shredded Mozzarella and Daily Salad Bar Selection - Salad kiểu Ý	Asian Salad with BBQ Pork Chops and Daily Salad Bar Selection - Salad kiểu Á với thịt nướng	Mediterranean with Grilled Chicken and Daily Salad Bar Selection - Salad kiểu Địa Trung Hải	SUMMER BREAK	SUMMER BREAK
6) FRESH JUICE-Nước ép tươi	Watermelon/ DƯA HẦU ÉP	Orange/CAM ÉP	Pineapple/THƠM ÉP	SUMMER BREAK	SUMMER BREAK
FOOD ORDER NUMBER	#	#	#	#	#
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